

# Nordic Day 2018

27th of May - Seville, Spain

## Early intervention contributes to successful integration

**14.00**

**Nordic cooperation and integration of refugees and immigrants.**

*Kristin Marklund*, Project Manager at the Nordic Welfare Centre.

**14.15**

**Reception and integration of newly arrived children and families in the Nordic countries.**

*Anna Gärdegård*, Project Manager at the Nordic Welfare Centre.

**14.30**

**Welcome to Sweden!**

How can we ensure that refugee children are provided with the best conditions to start over in a new country? Research show that its crucial and effective to support parents to help their children. *Kajsa Lönn Rhodin* from the County Administrative Board in Stockholm, Sweden, will give examples on effective parental programmes for newly arrived families.

*Kajsa Lönn Rhodin* is a psychologist with extensive experience from working with refugee children. She has also worked with development and research of several parenting programmes in Sweden.

**15.00**

**Coffee break.**



**Nordic Welfare  
Centre**



## 15.20

### **Workshop MindSpring – a group program for newly arrived refugees about life in exile.**

MindSpring is a psychosocial group program which helps newly arrived refugee parents getting started with their integration process and parenting in Denmark.

In their mother tongue, the participants are given the opportunity to discuss and relate to life in exile, new cultural norms, a different way to understand children and children's development, the challenges of having experienced a very stressful period in life, as well as being part of a new network together with other newly arrived refugees, who are parents too, in Denmark. MindSpring programs are facilitated by refugees living in Denmark, who after a thorough training course, lead the groups on a voluntary basis.

**The MindSpring-method is developed to target three focus areas:** newly arrived refugee parents, young refugees, and children with a refugee background from 9-14 years of age.

**For more information on MindSpring, please refer to:**

<http://mindspring-grupper.dk/about-mindspring>

During the workshop you will get a thorough insight into the MindSpring program and the results that they – since 2010 – have achieved. You will also get specific examples of the methods that are used in the groups and even get the chance to try them yourself.

**You will meet the following persons during the workshop:**

*Mohammad Ali Abdulrazzak*, volunteer MindSpring-trainer and teacher for young people in Nyborg, Denmark.

*Emilia Buch Andersen*, MindSpring consultant at The Danish Refugee Council.

*Mette Blauenfeldt*, Head of Knowledge Center for Vulnerable Refugees at the Danish Refugee Council.

## 17.00

End of seminar.

